



# Action4MensHealth

## 'CHILLY WILLY 5K' MEN ONLY RACE

At  
Ferry Meadows Country Park, Peterborough  
on  
Sunday 8<sup>th</sup> March 2009

Through each runner's efforts and your generosity, we are raising money for Action4MensHealth.

### SPONSORSHIP FORM

Action4MensHealth is a new charity based locally to promote awareness and provide information and counselling regarding a wide variety of men's health issues. Male cancers continue to increase along with heart disease, diabetes and obesity. We intend to provide men with the information and opportunity to lead a healthier lifestyle and be aware of early symptoms with regard to significant disease. Monies raised will go to providing widespread information, accessible via a variety of mediums, as well as encouraging men to adopt a healthier lifestyle.

**PRIZE FOR TOP MONEY RAISER in 5K: Bottle of Champagne and box of chocolates.**

Sponsor's Name	Full Address	Amount Donated £	Signature	Date

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Name.....  
Address.....  
.....Postcode.....Phone.....  
E-mail.....

Once you have collected all your sponsorship money, please return along with your completed sponsorship form to: Jonathan Sheehan, Events Co-ordinator, Action4MensHealth, Copper Horse Cottage, Spa Road, Braceborough, Lincolnshire, PE9 4NR. Tel: 01778-561289  
E-mail:jonathan.sheehan@virgin.net

**PLEASE DO NOT SEND CASH. Cheques payable to:  
Action4MensHealth.**